

# Glimpse into end of year best wishes

Hello there! I truly hope that you have all had a lovely Christmas. I had a beautiful time with my small family, revolving around good food, thoughtful presents, Christmas movies, board games, love and happiness. Thankfully, my body allowed me a couple of fairly good days, and I was able to join in on the quiet celebrations at home. Since Boxing Day, I have felt pretty well wiped out though, however, when you deal with chronic illness, I think that is a fairly good trade. I am also a cricket addict, and I think Boxing Day is the best time of year (leftovers and cricket, thank you!), so I have quite happily rested on the couch in front of the test match since.

I am sorry that I did not complete my planned festive month of blog posts. I did not have a great few weeks health wise, and sometimes even the best laid plans go astray! I will still post them, they just will not be Christmas-style.

I just wanted to pop in and say that I hope you all had a Merry Christmas, and that you all enjoy safe and happy New Year celebrations.

I look forward to bringing you more blog posts and recipes in the New Year! Thank you for all your support this year.

