

# Glimpse into Motivational Monday – APPRECIATE – week 45

When things get tough and life is not going the way you had hoped, it is easy to wonder what is the point of having dreams and plans. However, the worst thing you can do is to stop working for the way you want your life to be. Do your best to not give into filling your days with wishing for something, and feeling hard done by. No matter how much it hurts, get up and fight for it. Only **you** can achieve the life you want. At the same time, look around, and be amazed by what you are blessed with. Take in the view on the way up, and be thankful for the journey.

